



## Holiday homes

See the winners of the Holiday of Lights home decorating contest. **Page 5** 

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## THOUGHT FOR THE WEEK

"Do one thing every day that scares you." — Eleanor Roosevelt

## WHAT'S UP?

## Take-home craft

Edinburgh Wright-Hageman Public Library's craft for January is making a starburst mirror with recycled magazines. It is for all ages but parents might need to help small children since a mirror is used. Signups will be taken at the circulation desk or at 812-526-5487 until Jan. 19 at 6 p.m. The free kits include all supplies and will be available for pickup Jan. 23.

## Lancer cards

The Edinburgh Athletic Department is selling Lancer Discount Cards to raise money for athletics at Edinburgh Community Schools. The cost is \$10 and includes discounts for restaurants, services and retail items, along with one high school varsity regular season game (value \$6). The Lancer Cards can be purchased at the John R. Drybread Community Center, the Edinburgh Utility Office, the Edinburgh Community School District Office and the high school office.

## **Firewood sale**

Johnson County Park will have a firewood sale 8 a.m. to 2 p.m. Jan. 6 at the park, 2949 E. North St., Nineveh.

Firewood, which is mixed but mostly seasoned ash, is \$50 per rick, limit two per household and first-come first-served while supplies last. Customers must load the wood themselves. Pay at the park office before loading.

## **Johnson County Museum**

The Johnson County Museum of History is at 135 N. Main St. in downtown Franklin. Regular hours are 9 a.m. to 4 p.m. Tuesday through Friday, and 10 a.m. to 3 p.m. Saturday. Unless noted, admission and activities are free. Information: 317-346-4500, johnsoncountymuseum.org.

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# Edinburgh Courier VOL." ROOSEVEL County awards \$77K to food pantries

By Emily Ketterer DAILY JOURNAL STAFF WRITER

he county commissioners recently awarded nine local food pantries grants using federal pandemic relief dollars. The pantries were awarded a combined total of over \$77,000, out of \$100,000 the county had set aside for the grants. This money comes from the pool of \$31 million Johnson County received from the federal American Rescue Plan Act in 2021.

The Johnson County Board of Commissioners unanimously approved and announced the pantries receiving grants at their Dec. 19 meeting.

The nine pantries awarded include: Edinburgh Food Pantry, \$1,832; Great Harvest Food Pantry in New Whiteland, \$2,275; Harvest Food Pantry at Saint Francis and Clare, \$1,195; Interchurch Food Pantry, \$38,729; Johnson County Senior Services, \$15,405; New Life Fellowship Church of God in Whiteland, \$29.40; Our Lady of the Greenwood Food Pantry, \$8,428; The Hub in Franklin, \$6,889; and The Refuge in Greenwood, \$2,704.

Getting to the point to award the grants is a result of a months-long process of county officials and the Johnson County Community Foundation working out how to divide up the money and how to get it to pantries that qualify.

The \$100,000 for the grant program was originally approved in June by the county ARPA committee, which is made up of the three commissioners and three members of the Johnson County Council. The commissioners and council later approved allocating the money shortly after it went through the ARPA committee, but work on the application process took months.

Ron Deer, county council member, spearheaded the project, leading the way to come up with an application process. He



DAILY JOURNAL FILE PHOTO

Shelves of food and other supplies organized at the Edinburgh Food Pantry on May 19. The pantry, which is run by the Edinburgh Fellowship of Churches, received a \$1,832 grant from Johnson County out of its American Rescue Plan Act funds.

worked for months with the county attorney and the Johnson County Community Foundation on the process and the applications for food pantries to fill out to receive money.

Discussions continued at ARPA committee meetings between June and December, where members discussed how the money would be divided amongst the food pantries that applied. There were questions if the money could be distributed evenly to those who applied, or calculated based on each pantry's size and need.

Johnson County Community Foundation came in as a third party to help take grant applications and administer that process. Officials determined the best route to remain equitable was to divide grants up based on size and need. The pantries were evaluated using a formula to show how many people each served in a 34-month period.

Deer during this process advocated that there was a need to help local food pantries, as many have seen increases in the number of people they serve, he said.

"The demand is actually 14% higher than it was in 2021. For example, Interchurch Food Pantry in their documentation, they talked about 60% increase in demand ... it's very definite the need is there," Deer said.

Deer did not see the entire process to the end, due to some personal medical issues, he said. But he was glad to see the work come to fruition.

"I appreciate what the commissioners are considering doing, and everything we've worked on on this," Deer said.

## **OBITUARIES**

### EDINBURGH

## William Phelps

William E. "Bill" Phelps, 74, of Edinburgh passed away Dec. 26, 2022 at his residence. He was born April 4, 1948 in HopeHe was the son of Edward Phelps and

Mary Bell (Fraze) Shoopman. He is survived by his life-long partner, Jean Richards of Edinburgh. He is also survived by his stepson, Scott (Amy) Richards of Edinburgh; step-daughter, Bobbi (Dan Masino) Richards of Georgetown, Kentucky; and grandchildren, Kierra Richards,

Noah Childers, Olivia Richards and Maddie Richards.

He was preceded in death by his parents; stepdaughter, Stephanie Richards Childers; sister, Dianna S. Cowan; and half-sister, Jackie Lee Shoopman.

Bill was a retired self-employed auto body repairer and painter. He enjoyed spending time with family, especially grandchildren, his dogs, Belle and Zoey, dirt track stock car and NASCAR racing, and was an IU sports, Colts and Pacers fan.

A funeral service was conducted at Eskew-Eaton Funeral Home in Edinburgh. Burial was at Rest Haven Cemetery in Edinburgh.

#### HORN LAKE, MISS.

### Barbara Wideman

Barbara Louise Emerson Wideman, 78, of Horn Lake, Miss., passed away on the morning of Friday, Dec. 9, 2022 in Southaven, Mississippi. She was born Feb. 3, 1944 at Camp Atterbury in Indiana, the

PHELPS

daughter of Kermit Rufus Emerson and the late Helen Hadley Coldiron. Barbara was one of three children.

Barbara was a 1962 graduate of Edinburgh High School. She played multiple instruments, including the clarinet, piano and organ. She

was also a piano teacher for many years and was always happy to share her love of music with her many students. Barbara was known to have a soft spot for animals, especially her dogs Gingko, Chu-Chi,

rescue, Max.



She was preceded in death by the love of her life of 39 years, her devoted husband, Paul Dean Wideman; her grandmother, Emma Louise Hadley; her mother, Helen Hadley Coldiron and her brother, Gary Lvnn Coldiron.

Barbara is survived by her father Kermit (Bertie) Emerson of Mooresville and her sister Debra Coldiron (Mark) Hartwell of Edinburgh. She also leaves behind her five loving children, Bruce McCarty of Madison. Indiana. Lisa White of Knoxville. Tennessee, Kris (Barry) Thomas of Arlington, Tennessee, Rebekah Wideman of Collierville, Tennessee, and Zachary (Amber) Wideman of Hernando, Mississippi, as well as her six beautiful grandchildren, Montana, Andrew, Kyleigh, Max, Alison, and Katelyn. Also left to honor her memory are her nieces, nephews, cousins and a host of wonderful friends.

A memorial service will be held on Saturday, Jan. 28, 2023 at 2 p.m. at the Kingdom Hall of Jehovah's Witnesses, 2575 U.S. 51, Nesbit, MS 38651-9437.

with vocalists Bonnie Mitchell and Janie

night's Edinburg's basketball game. 55 years ago: The Edinburg Town Board

both Carothersville, 56-53, and South

Decatur, 57-53, to remain in first place in

the Mid-Hoosier Conference with a 4-0

Stants will perform at halftime of Friday's

re-appoints Baron Lagrange as town attor-

ney, Winfrey Burton as town marshal and

Ernest Richards as superintendent of utili-

50 years ago: The Edinburg Lancers beat

## **GOOD OLD DAYS**

75 years ago: Mr. and Mrs. John Sceffler announce that they will open a self-serve Bendix laundry in the Morris building across the street from the Courier.

70 years ago: Edinburg senior Joe Lain scores 13 points to lead the Edinburg Maroons to a 37-35 upset victory over the Whiteland Warriors at the Edinburg gym.

65 years ago: Despite 18 points from Edinburg guard Tom Lynch, the Maroons made only 11 of 27 free throws as they lost the game to Aurora by a 48-39 score.

60 years ago: The Edinburg Dance Band

## MARRIAGE LICENSE

ties.

record.

Jill Diane Chrisman and Izaak Robert Cline Zaring, both Edinburgh

## At the library

The following events are scheduled at the Edinburgh Wright-Hageman Public Library, 119 W. Main Cross St.

Info: 812-526-5487, www.edinburgh.lib. in.us

Free meal

Two Shirts Kitchen, sponsored by Edinburgh Church of the Nazarene, is an opportunity for individuals, couples, friends and families to enjoy a warm meal at no cost. All are welcome regardless of income. The monthly meals are usually served the last Thursday of the month, 6-7:30 p.m. Meals are carryout only at this time. Go to the south door of the library.

 Library hours change The library has switched to its winter hours. Until March 1, hours will be Monday through Friday, 9 a.m. to 6 p.m. and Saturday, 9 a.m. to 1 p.m. Computers

will shut off 45 minutes before closing.

### Hunter education

A free Indiana Hunter Education Course is scheduled for Friday, Jan. 20 and Saturday, Jan. 21 at the Dubois County 4-H Fairgrounds, which is located at 4157 S. State Road 162, Huntingburg.

Classes will run from 6 to 9 p.m. Jan. 20, and 8 a.m. to 4 p.m. Jan. 21. Participants must attend both days to complete the course. Completion is required for anyone born after Dec. 31, 1986, to purchase an Indiana hunting license. All instruction will be by DNR conservation officers and certified Indiana volunteer hunters. The course will cover ethics, safety, laws, survival, and safe handling practices for archery, black powder, and firearms.

Advance registration is required for the course and can be completed at passitonindiana.com. There is a 150-student limit. This course is being sponsored by the **Dubois County Shooting Sports Instructor** Council.

For more information, call Patoka Lake at 812-685-2447.

The Edinburgh Pixy Theatre is at 111 S. Walnut St. Unless noted, shows are at 7 p.m. and admission is \$10. Information/ purchase tickets: 812-526-6513, www. TheEdinburghPixy.com or advance tickets for some shows at www.brownpapertickets. com

Wednesdays: Happy Place Comedy Open

### **Edinburgh** Courier

A weekly publication serving the greater Edinburgh area. Published by: Daily Journal P.O. Box 699, Franklin, IN 46131

### Pizza at Legion

**COMMUNITY CHATTER** 

The American Legion Auxiliary sells freshly made pizzas with a variety of toppings 5-8 p.m. on the fourth Thursday of every month at Post 233 in Edinburgh.

Prices are \$8 for a 7-inch, \$12 for a 12-inch and \$15 for a 14-inch.

Pizzas can be carried out or eaten at the Legion. Call 812-526-9001 to place an order.

### Nineveh Senior Center

The Nineveh Senior Center, 3208 Rodeo Drive, Johnson County Park (next to horse park), for people 50 and older.

Jan. 13: Blood pressure checks, 11:30 a.m. to noon.

Jan. 13: Monthly pitch-in luncheon and business meeting, noon-1:30 p.m. New officers and board members will be installed.

Jan. 16: Bingo with prizes, 1-3 p.m. Free coffee provided, pop and water for sale.

Jan. 16: Pizza provided by Compass Park of Franklin, 11:30-12:30 p.m.

Jan. 20: Food box distribution, 9-11 a.m. Low-income Johnson County residents over 60 can call 317-739-9999 to get qualified for the food box program.

**Regular** activities:

• Mondays: Shanghai, 9 a.m.-noon; ping pong, 9:30-11:30 a.m. (See John if interested)

• Wednesdays, euchre, 5:30 p.m.

• Thursdays, bid euchre, 6 p.m.

New members are welcome.

Membership is \$25 per year. Call Janet Wolfe, 812-376-3671, to join.

Information: Jon Myers, 812-343-4229, www.ninevehseniorcenter.org

### At the Community Center

The John R. Drybread Community Center, 100 E. Main Cross St., is hosting the following programs:

Bicenntennial memorabilia, including sweatshirts, candles and glasses, is for sale at the center.

Information: 812-526-3539

## AT THE PIXY

Mic Comedy Night, 6 p.m. Win prizes or earn paid spots, meet new comics.

March 18: Allie Jean's album release show (sing and play for kids, all day) 2, p.m. Free, donations accepted

March 25: Night Owl Country Band April 22: Martin Branden and Rye Davis (country)

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Frannie, Hadley, Dallas WIDEMAN and most recently, her

## School **Edinburgh** Courier Lancers score second-place finish in holiday tourney

## Caleb Dewey breaks Wuest's 2012 scoring record

dinburgh's boys Holiday tourney wrapped-up on Wednesday evening with the Lancers finishing the two days of play in second place.

In the Lancers opening round contest on Tuesday, the good guys had little trouble with Hagerstown, winning, 62-36.

Edinburgh's offense was clicking and their defense allowed them to continually pull away throughout.

Senior Jarrett Turner was the go-to guy in this

us/alumni

opener as he scored 18 points, Caleb Dewey followed with 14, Keegan Smith had a solid game with 11, Austin Brockman

You can view yearbooks from 1920 and

page at https://www.ecsc.k12.in.us/about\_

yearbooks as they get them. If you have a

send an email to bstraugh@ecsc.k12.in.us.

yearbook that is not on the site, please

The alumni plan to continue to add more

up on ECSC's website. Go to the alumni

Past yearbooks now online



## **Lancer Notebook**

seven, Connor Ramey six, Devyn Milburn three, Jackson Hartwell two and Blaze Jensen one.

Tuesday evening's semi-final round game was practically a carbon copy for the Lancers as once again they started off with the lead and methodically pulled away, burying Austin with a strong second half to card the win, 63-36.

Caleb Dewey led the Lancer scoring with 24 points, including a very special bucket that made him Edinburgh's all-time scoring leader, passing Kyle Wuest who had set the previous record in 2012. Wuest had surpassed Rick Finley, who had held the mark for the prior 30 seasons.

Jarrett Turner put in 18, Connor Ramey nine. Jackson Hartwell four. Bravlon Bryant two, Keegan Smith two, Austin

Before- and after-school program

Edinburgh Parks & Rec offers a Before

& After School Enrichment Program at its

School students. Activities start at 6 a.m.

before school and run until 5:30 p.m. after

school. Transportation to and from school

Rec Center for East Side Elementary

time and help, snacks and fun.

Brockman two and Rylan Londeree two. In a fast paced Championship game on

Wednesday evening, the Lancers fell to a very big, physical team from Indy Lutheran, 56-46.

They trailed at the half thanks to a coldscoring second quarter and played the Saints even in the second half but could never climb all the way out of the hole they had dug for themselves.

Caleb Dewey led them in this game also by scoring 17, Connor Ramey poured in 16, Braylon Bryant had seven, Jarrett Turner five, and Keegan Smith one.

Along with the night cap's title game, Wednesday also saw Hauser defeat Victory College Prep for seventh place, Jac-Cen-Del beat Hagerstown for fifth place, and South Decatur defeated Austin for third place in the tourney.

### On tap

#### Wednesday

Boys 5&6 basketball, at home vs. Indian Creek, 5

SCHOOL NOTEBOOK

Info: Elissa Day, B.A.S.E. coordinator, 812-526-3535, ext. 4, or eday@edinburgh. in us

Calendar

Jan. 16: MLK Day (snow makeup day if needed)

\$5.00



6:30 p.m.

5 p.m

p.m.

Thursday

Saturday

Monday

5:30 p.m.

Tuesday

County Tourney, TBD

Girls varsity basketball, at home vs. Speedway,

Boys 5&6 basketball, at home vs. Southwestern.

Boys JV & varsity basketball at South Decatur, 6

Boys MS basketball, at home vs. Southwestern,

Boys varsity basketball, opening round Johnson

Brian Ingels is an industrial arts teacher at

Edinburgh Community High School. Send com-

ments to Edinburgh Courier, P.O. Box 699,

Franklin, IN 46131, courier@dailyjournal.net.

Boys MS basketball at Hauser, 6 p.m.

Boys 5&6 basketball at Hope, 5 p.m.

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## **Business**

# A new journey Retiring orthopedic doctor plans encore for veterans



Dr. Darryl Tannenbaum sits at the desk in his office surrounded by photographs of his family, artwork by his

sons, gifts and other memorobilia that he has collected since the beginning of his practice at Southern Indiana

### STORY BY TOM JEKEL PHOTOS BY CARLA CLARK

s Darryl Tannenbaum was completing his training in Michigan as a medical doctor, he considered 75 job opportunities across the country before deciding to join Southern Indiana

Orthopedics as an orthopedic physician and surgeon.

Tannenbaum had been on the fence over pursuing a career in private practice or accepting an academic position. But when Tannenbaum and wife, Suzanne, visited Columbus in 1997, they were won over by the city's beautiful architecture.

"The community was very good to my wife. My sons were happy," Tannenbaum said of their early years in Columbus. "I never re-evaluated academics."

While at work, Tannenbaum's devotion to his family was apparent from the photos, school drawings and newspaper clippings he kept attaching to the four walls of his office on Marr Road and 10th Street in Columbus.

One photo showed his sons at ages 2 and 3, taken shortly after the Tannenbaums moved to Columbus in 1997. Brendan, now 28, is a medical student in Philadelphia. Nick, 27, is an actor in Los Angeles.

"I just never took anything down. This has been my whole life for 25 years," Tannenbaum said, gazing with pride from one section of a wall to another.

The Tannenbaums quickly got involved in the Columbus community, in particular programs that benefitted children. Suzanne Tannenbaum was on the kidscommons Children's Museum board of directors when it moved from inside The Commons to its current stand-alone location across Washington Street.

During a 2005 "fund-razor" event,

Tannenbaum and two others agreed to have their heads shaved on stage during the organization's annual Mardi Gras when the group achieved that year's \$10,000 goal.

And at work, the honors graduate from Harvard Medical School helps people in Columbus and nearby communities improve their mobility and quality of life. For over 25 years, Tannenbaum completed nearly 5,000 knee replacements and 3,000 hip replacements, while also mending patients' ankles, elbows, feet, hands and shoulders.

Tannenbaum specializes in using leading-edge techniques for hip and knee replace-

ments. Eleven months ago, the board-certified joint replacement surgeon performed the first ROSA Knee robotic-assisted total knee replacement in Columbus.

Dr. Thomas Marshall, who launched Southern Indiana Orthopedics in 1976 with Dr. Ronald Bennett, remembered his first impressions of Tannenbaum when recruiting him.

"He was eager. He was well trained and he was interested in coming to a small town and working," said Marshall, who retired from the practice in 2014, but still helps out in the urgent care clinic.

"He showed a particular interest in doing joint-replacement surgery, which we wanted him to do," said Marshall, who promoted Tannenbaum to partner after a year.

"He proceeded to hone his skills and he

brought some innovative ideas to the practice," Marshall said. "He was very hard-working and cared about his patients and took care of his patients. You can't ask for a lot more than that." **Finding orthopedics** 

Having initially entered college to be a biochemist, Tannenbaum-also a college basketball player-said he enjoyed the science courses he took in college, which led him to orthopedics.

"It satisfied my interests in science, sports and working with my hands," Tannenbaum said of his

chosen profession. "You have to build a foundation to put a hip replacement or knee replacement in. I liked using my hands," he said.

He referred to orthopedic surgeons as carpenters who work on people because they use tools such as hammers, saws, screwdrivers, chisels and drills.

Tannenbaum has also helped patients in the field of sports medicine.

The doctor began running for exercise and recreation himself in 2009 at age 44, believing he needed to pay better attention to his own health.

Tannenbaum started running four laps at a time at the Northside Middle School track, one mile in total distance-and took off from there. Seven months later, Tannenbaum was running his first 26.2mile marathon in Austin, Texas.

"I put my mind to it," Tannenbaum said matter-of-factly of his interest in long-distance running, and then ramped up his aspirations.

Tannenbaum went on to run in the World Marathon Majors, consisting of renowned marathon races in Chicago (2010), New York (2011), Boston (2011 and 2012), London (2013) and Tokyo (2014). He also ran in the Antarctica Marathon in 2015.

"After people do the World Marathon Majors, they do the Seven Continent Club," he said, joining that fraternity of runners, too.

Having already run marathons on the continents of North America, Europe, Asia and Antarctica, Tannenbaum joined the Seven Continents Club by running marathons in Africa in 2016, and South America and New Zealand in 2018. Fewer than 400 people in the world have done that.

Tannenbaum's next running achievement will be completing the marathon Grand Slam by running on the icy surface of the Arctic Ocean in the North Pole Marathon in April, which fewer than 150 people have done.

His personal best marathon time is 3:48:41 in Tokyo in 2014. Tannenbaum chalks up his pursuit of marathon milestones to his goal-oriented behavior, which he said began to manifest itself as early as age 5 while collecting baseball cards, which he still does.

Tannenbaum used profits from his sports-card collection to help pay his way through college and medical school and to purchase his wife's engagement ring.

"It's just who I am," Tannenbaum said of his driven approach to accomplishment



Dr. Darryl Tannenbaum

and physician's assistant

Andy Bulla at Southern

Indiana Orthopedics in

Columbus.

Orthopedics in Columbus.

# **DECORATING CONTEST**







A home decorating contest was held as part of the The Holiday of Lights: Bicentennially Bright . The winners are:

Bright . The winners are: Dashing Doorway: 601 E. Main Cross St., top left Historically Humble: 501 E. Main Cross St., top right Bicentennially Bright: 711 E. Main Cross St., above

Each won a gift card sponsored by Amos Hill, Horizon Bank and Fletcher Chrysler Dodge Jeep Ram and a decorative tree courtesy of Simple Abundance.



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## **NEWS ROUNDUP**

DAILY JOURNAL AND REPUBLIC STAFF REPORTS

### Christmas trees will be collected

The town of Edinburgh will pick up live Christmas trees through Jan. 13. Leave them at the curb and they will be collected and taken to the yard waste facility for chipping.

Trees must be free of ornaments, lights, garland and tinsel and must not be bagged. No artificial trees will be picked

## Town releases heavy trash pick-up schedule

Edinburgh has released the dates for the 2023 heavy trash pickup, which will be done on the residents' regular trash days:

Jan. 16-20; Feb. 13-17; March 13-17; April 17-21; May 15-19; June 12-16; July 17-21; Aug. 14-18; Sept. 18-22; Oct. 16-20; Nov. 13-17; Dec. 11-15

This service is for residents only; commercial and business locations will not be serviced. Bringing trash into town by nonresidents is prohibited; property owners could be charged for violations of this practice.

The town will not pick up tires, chemicals, paint, petroleum products, batteries of any kind, construction or demolition material, computers, TVs or any type of electronics, air conditioning units, refrigerators or anything containing freon.

Small items or loose material must be placed in adequate bags or containers. Containers will be hauled away as trash, so residents are advised not to use their good trash receptacles. Also, crews will not rake around the area where the trash was located. Any upholstered furniture and mattresses or box springs need to be wrapped in plastic.

Heavy trash items should be placed at the curb or edge of the street no sooner than 72 hours, and no later than 7:30 a.m. on the starting day of pickup that week.

The Edinburgh transfer station, located at the sewage treatment plant, is open daily for trash disposal. There is a nominal charge based on volume of trash. Fees and hours of service may be obtained by calling 812-526-3530.

## Comics change coming to The **Republic**, Daily Journal

A change in the comics lineup is coming for The Republic and the Daily Journal.

King Features, the syndicate supplying the comics for the newspaper, recently informed the newspapers that Mother Goose & Grimm will leave the syndicate in January.

They will replace the comic with The Brilliant Mind of Edison Lee beginning in January.

The Brilliant Mind of Edison Lee is a comic strip created by John Hambrock and distributed by King Features Syndicate. It debuted Nov. 12, 2006.

Kings Features describes it as a "con-

temporary view of family life from the perspective of a precocious 10-year-old boy."

## Police Department K9 Skye to get donation of body armor

Edinburgh Police Department K9 Skye will receive a bullet and stab protective vest thanks to a charitable donation from non-profit organization Vested Interest in K9s, Inc. K9 Skye's vest will be embroidered with the sentiment "In memory of Dan Bertram.'

Vested Interest in K9s Inc., established in 2009, is a 501(c)(3) charity whose mission is to provide vests and other assistance to dogs of law enforcement and related agencies throughout the United States. This potentially lifesaving body armor for four-legged K9 officers is U.S. made, custom fitted, and NIJ certified.

Since its inception, Vested Interest in K9s, Inc. has provided over 4,845 vests to K9s in all 50 states.

Vested Interest in K9s, Inc. accepts taxdeductible contributions in any amount. A single donation of \$960 will sponsor one vest. Each vest has a value of \$1,744-\$2,283, weighs an average of 4-5 pounds, and comes with a five-year warranty. For more information, or to learn about volunteer opportunities, call 508-824-6978. You may mail a contribution to P.O. Box 9, East Taunton, MA 02718.

For more information on these stories, go to www.dailyjournal.net or www.therepublic.com.

owe it to them."

Starting in February, Tannenbaum will begin a post-retirement position as an orthopedic surgeon splitting time between VA facilities in Indianapolis and Phoenix, where the Tannenbaums have had a second home since 2016.

He will be doing joint-replacement and revision surgeries on local veterans who have had complications from previous surgeries—something the VA in Indianapolis had not been able to offer. Tannenbaum said.

Tannenbaum expects to improve the capacity and availability of joint-replacement surgeries for veterans in Indiana and Arizona, figuring he still has five to 10 good years as a surgeon ahead of him.

Andy Bulla, Tannenbaum's physician assistant in Columbus for the past 16 years, has also taken a job in the orthopedic department at the Indianapolis VA medical center. Bulla will help veterans prepare for their joint-replacement surgeries in his new role.

If Tannenbaum is able to increase surgery volume by 50 to 100 percent, he believes the improved services in

**IN GOOD HEALTH** 

• Al-Anon Support Group, every Monday, 7 p.m. Grace United Methodist Church, 1300 E. Adams Drive. Franklin. For more information call 317-625-5495

• Be Well Crisis Helpline supports the mental health needs of Hoosiers during the COVID-19 pandemic by providing 24/7 access to experienced counselors. Call 211.

 ASSIST is a Franklin-based nonprofit program that provides services for people (age 5 and over) affected by sexual, domestic and physical violence at any point in their life. For an appointment, call 317-739-4456.

 Claim Aid Counselors are available to help Johnson County residents through the Health Insurance Marketplace application process or to enroll in the Healthy Indiana Plan (HIP 2.0). 317-346-3736 or email billquestion@johnsonmemorial. org for information.

 Great Expectations free childbirth education class at Johnson Memorial Hospital is held four times a year. Register at JohnsonMemorial.org.

• Grief Share, meets Mondays, 6:30-8:30 p.m. at The Crossing, 8728 S. Nineveh Road, Nineveh.

• Grief Support Group, led by the Main Street Hospice staff, is a place for all those who have experienced the loss of someone they love. Public is welcome to come and listen or share their grief stories. Sessions are the first Tuesday of each month, 6 to 7:30 p.m. at the Main Street Hospice office. 10 Highland Ave., Franklin. For information call 317-736-0055.

• Indiana Tobacco Quitline: free phone-based counseling service to help smokers guit. If enrolled in the QNI program, you get a two-week supply of nicotine replacement therapy gum or patches, while supplies last. 1-800-QUIT-NOW (800-784-8669). • Recover Out Loud (addiction support): An open meeting is held 6-7 p.m. Tuesdays at the Edinburgh Parks and Recreation building, 722 S. Eisenhower Drive. Info: recoveroutloudinc.org

Indianapolis and Phoenix could be duplicated in as many as 30 additional geographical markets serving military veterans.

"Then you've made some big differences." he said.

But starting on a new path comes with the bittersweet reality of leaving people behind that he's worked with in Columbus for 25 years.

That includes Southern Indiana Orthopedics founder Marshall, office manager Sharon Fischer, operating room nurse Julie Clingan, scheduler Vickie Roberts and Columbus Regional Hospital operating room nurse Cindy Hotz, who attended Tannenbaum's first and last Columbus surgeries in Columbus.

"It's been pretty profound for me to have those relationships," Tannenbaum said. "It's been a privilege for me to take care of all these people - families in Columbus and the surrounding communities. I'm really going to miss that. This has been a great place for me and my family. It's been that way since I came to town in the summer of 1997. It's a little scary to leave."

## ourney

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in life. "If you're going to do it, go for it. Don't hold back.'

When their oldest son, Brendan, began showing strong potential as a youth tennis player, the Tannenbaums made a new commitment to help their sons achieve their own personal success.

Starting back in 2006, they established a second residence in Indianapolis and enrolled both sons at Park Tudor, a private, independent private school with a highly touted program in tennis. Brendan became a state tennis champion at Park Tudor, graduating in 2013, and played tennis all four years at Dartmouth College, twice earning all-Ivy League recognition. Meanwhile, their other son Nick excelled in lacrosse and graduated from Park Tudor in 2014, and then attended the University of Michigan.

#### What awaits

The Tannenbaums maintained residences in both Columbus and Indianapolis for

eight years, until 2014, when they sold their Columbus home. Now, Tannenbaum-who will be 58 next month—is leaving his only post-college professional home in Columbus for retirement and a chance to do something more with his life.

It's a calling that's been weighing on him since before deciding to come to Columbus.

As a medical resident in the mid-1990s at the University of Michigan, Tannenbaum set up the surgery schedule and assisted with joint replacements for veterans at the VA Hospital in Ann Arbor.

At the time, the wait for a joint replacement through the VA was about a year.

"When I'd call them, generally everyone was happy," Tannenbaum said.

But when Tannenbaum reached out to one Ann Arbor patient's family in June 1996 to let them know that his turn had come, the veteran's wife explained that regrettably, her husband had died while waiting for his knee replacement.

"That had a profound impact on me and throughout my career," Tannenbaum said. "I knew I always wanted to go back and help the veterans before I retired. I feel I

## Food

## **Edinburgh** Courier

# Start the day with a breakfast burrito that packs a powerful punch

**BY FAMILY FEATURES/CULINARY.NET** 

You know the feeling: You eat breakfast, but by 11 a.m. your stomach is growling. You feel like you just ate but somehow you're hungry and craving something hearty and rich.

Switch up your breakfast habits with wholesome and filling Breakfast Burrito. It's got protein to keep you full, veggies for a touch of added nutrition and hot sauce to pack a powerful punch of flavor in every bite.

No more snacking between breakfast and lunch. This hearty breakfast bite will keep you full and bursting with energy until it's time for your next meal. It's easy to make in a matter of minutes and it's totally customizable to accommodate every palate.

Made with beans, eggs and egg white proteins, it can help keep you energized and full until it's time for lunch. The red onion, red bell peppers, salsa, tomatoes and avocado provide some fresh, nutritious vegetable options and the chili flakes and hot sauce bring the heat.

## **Breakfast Burrito**

Servings: 4

2 teaspoon canola oil 1 small red onion, diced 1 red bell pepper, seeded and diced 1 can black beans, drained and rinsed 1/4 teaspoon red pepper flakes Salt. to taste Pepper, to taste 4 eggs 4 egg whites 1/2 cup shredded pepper jack cheese Nonstick cooking spray 4 flour tortillas 1/4 cup sour cream 1/4 cup salsa 1 large tomato, seeded and diced 1 avocado, sliced Hot sauce (optional)

In large skillet, heat canola oil over medium heat. Add red onion and red bell pepper; cook 8 minutes. Add black beans and red pepper flakes; cook 3 minutes. Season with salt and pepper, to taste. Transfer to dish.

In medium bowl, whisk eggs and egg whites. Stir in cheese until combined. Heat large skillet over low heat, add egg mixture and scramble 3 minutes, or until cooked through.

Spread sour cream over tortilla. Spread salsa over sour cream. Spoon 1/4 bean mixture over salsa. Spoon ¼ scrambled eggs over bean mixture. Top with diced tomatoes and avocado. Drizzle with hot sauce, if desired. Roll-up burrito. Repeat three times with remaining ingredients and serve.





